



Join Our Free Inclusive Dance Sessions, in Sandwell, Dudley & Across the Region!

Care-experienced
young people aged
7-25



Programmes
across the
West
Midlands

Dudley
Metropolitan Borough Council





Care to Dance is offering fully funded, inclusive dance groups for care-experienced young people aged 7-25 in Sandwell, Dudley, Birmingham, Walsall and surrounding areas for anyone who might live further away.

Session Details (flexible age groups based on individual needs and convenience):

- Ages 7-14: Mondays, 5:30 - 6:30pm (Dudley)
- Ages 14-25: Tuesdays, 5:00 - 6:00pm (Sandwell)

These sessions provide a safe, creative, and inclusive space to explore a variety of dance styles, build confidence, and form positive peer relationships. Young people aged 12+ can also work towards accredited Dance Leadership Qualifications.

Contact us for the specific venues!

We welcome referrals and self-referrals.

To refer or for further information, please either use the QR code or contact:

beth@caretodance.co.uk

07868 897816

Care to Dance consent form

